



## Job Description

## Mental Health Therapist – Eating Disorder Specialist

**Location:** Miami, Florida

**Employment Type:** PRN

### About Us

Wellspring Counseling is a faith-based, non-profit organization dedicated to supporting individuals and families through compassionate mental health care. We provide evidence-based therapy integrated with spiritual principles, fostering healing, resilience, and whole-person wellness.

### Position Overview

We are seeking a skilled and compassionate Mental Health Therapist specializing in eating disorders. The ideal candidate will provide individual and family to clients struggling with disordered eating, body image concerns, and related mental health challenges. Incorporating faith-informed care when appropriate is essential.

### Key Responsibilities

- Provide individual and family therapy using evidence-based approaches such as CBT, DBT, and family-based therapy (FBT).
- Integrate faith-based principles into therapeutic interventions as appropriate.
- Collaborate with a multidisciplinary team outside of Wellspring, including nutritionists, psychiatrists, etc. to provide holistic care.
- Maintain accurate documentation and comply with professional, legal, and organizational standards.
- Participate in program development, community outreach, and education initiatives related to eating disorder recovery.

### Qualifications

- Master's degree in Social Work, Counseling, Psychology, or related mental health field.
- Current state licensure as LCSW, LMFT, LMHC or equivalent.
- Specialized training or experience in eating disorder treatment and recovery.
- Experience in faith-based or spiritually integrated care is a plus.
- Strong interpersonal, communication, and counseling skills.
- Commitment to the mission and values of a faith-based, non-profit organization.

### Benefits

- Competitive salary commensurate with experience
- Professional development opportunities
- Supportive, mission-driven team environment

**If you are passionate about helping clients overcome eating disorders and achieve emotional and spiritual wellness, we invite you to apply. Please submit your resume and cover letter to [HR@wellspringmiami.org](mailto:HR@wellspringmiami.org).**